

ALTER DEMENTIA SUMMIT



THE ROLE OF THE *Black Church*

HOUSE OF HOPE
DECATUR, GA



APRIL 25-27
2024





Dear Friends,

Thank you for joining us for the 2024 Alter Dementia Summit as we make history and unite faith leaders, community partners, caregivers, and persons living with dementia to address dementia-related disparities.

Early in my nursing career, I came to realize that I did not fully understand what dementia was and that I was not the only one. As I worked in various health care and community settings, there were professionals and community members who were unaware of how this condition disproportionately impacts the Black community. Once learning that there were numerous Black families affected by dementia without guidance and direction, I decided to make it my mission to spread dementia awareness and create supportive communities to serve these families. This week, you will witness the result of 10 years of our team working in the community and creating a faith network committed to developing dementia-friendly congregations.

The Alter Dementia Summit is crucial to moving the needle on improving health outcomes, increasing equitable access to resources and supportive services, and eradicating dementia-related disparities in the Black community. This summit has been designed to provide valuable information about new ideas and trends. It also provides a valuable opportunity to interact and learn from others throughout the United States. This highly interactive experience will challenge you like an honest friend and support your growth as a dementia-friendly champion for change with increased courage and confidence.

Thanks for your support and being here!

Faithfully,

Fayron Epps, PhD, RN, FGSA, FAAN
Founder, Alter Dementia, LLC
Professor | Karen & Ronald Herrmann Endowed Chair for Caregiving
UT Health San Antonio School of Nursing

SUMMIT AGENDA

THURSDAY, APRIL 25, 2024

| | |
|------------------|---------------------------|
| 12:00 PM—4:00 PM | REGISTRATION OPEN |
| 4:00 PM | VIP RECEPTION |
| 4:30 PM | ECUMENICAL PRAYER DINNER |
| 5:15 PM | KEYNOTE ADDRESS & WELCOME |
| 6:30 PM | GOSPEL EXPLOSION CONCERT |

FRIDAY, APRIL 26, 2024

| | |
|-------------------|--|
| 7:00 AM—8:00 AM | EXHIBITOR REGISTRATION & SETUP |
| 7:30 AM | CONTINENTAL BREAKFAST & ATTENDEE REGISTRATION OPEN |
| 8:00 AM | BOOK STORE, RESEARCH & EXPO HALL OPEN |
| 9:00 AM | GENERAL SESSION |
| 9:45 AM | BOOK STORE, RESEARCH & EXPO HALL OPEN |
| 10:15 AM—11:30 AM | CONCURRENT WORKSHOPS & MASTERCLASS |
| 12:00 PM—2:00 PM | NETWORKING LUNCH, RESEARCH & EXPO HALL OPEN |
| 2:00 PM—2:30 PM | GENERAL SESSION |
| 2:30 PM | CONCURRENT WORKSHOPS & MASTERCLASS |
| 3:45 PM | BREAK |
| 4:00 PM | GENERAL SESSION |
| 5:00 PM | DINNER |
| 6:30 PM | STAGE PLAY: "IT'S ME, MAMA" |

SATURDAY, APRIL 27, 2024

| | |
|-------------------|--|
| 8:00 AM | CONTINENTAL BREAKFAST & ATTENDEE REGISTRATION OPEN |
| 8:30 AM | BOOK STORE, RESEARCH & EXPO HALL OPEN |
| 9:00 AM | GENERAL SESSION |
| 10:15 AM—11:30 AM | CONCURRENT WORKSHOPS & MASTERCLASS |
| 11:30 AM | BOOK STORE, RESEARCH & EXPO HALL OPEN |
| 12:00 PM | CLOSING KEYNOTE AND LITURGICAL DANCE PERFORMANCE |
| 1:00 PM | LUNCH |

Respite rooms provided by Angel911 will be available Friday & Saturday in rooms 101 and 103.

OUR SPEAKERS



AISHA ADKINS
Consultant



BISHOP GLENN B. ALLEN, SR.
Destiny Christian Center Int'l.
Fayetteville, GA



BEVERLY BERRY
Alzheimer's Association



PASTOR VERON BLUE
Family Life Int'l Ministries
San Antonio, TX



MICHELLE BOLDEN
RN, BSN, MBA
Call for Caring, Inc.



DELON CANTERBURY
PHARM.D. BCPG
GeriatRx, Inc.



RITA CHOULA
AARP Public Policy Institute



TIA DELANEY-STEWART
MSN-ED, RN, PHN, CCM
Alzheimer's Association, CA



BASHIR EASTER
PhD, MBA
Melanin Minded, LLC



STEPHANIE FITZGERALD , MS
Lorenzo's House



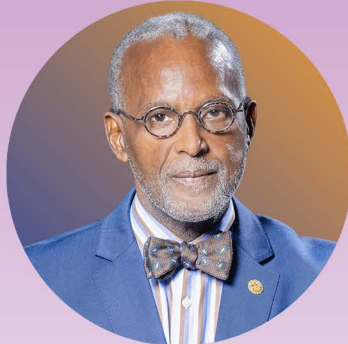
JANELLE GORE
MPH, BS
Alter Dementia, LLC



SONJA GUNTER
LPN, CDP, CAADCT
Senior911



JOANNE HILL
DNP, MPH, MSN, PHN, CRNA, APRN
Progressive Baptist Church
Saint Paul, MN



RAYMOND A. JETSON
MA, BA
Aging While Black



ROBERT JOHNSON
RJ Visuals ATL, LLC



PAULETTE LEWIS
DPT, MPT, CSRS, CSST, C/LSVT
Neu-Level Therapy & Wellness, LLC



TAMIKO MAGEE - RODGERS, PhD
Global Alzheimer's Platform Foundation



SANDY MONTES-GRUBER, MPH
Melanin Minded, LLC



SHERELLIA MOORE
MBA, BS
Progressive Baptist Church
Saint Paul, MN



SHANA MOSES
Amazing Grace Chorus
Minneapolis, MN



SUSAN OSTROWSKI
MA, MS, CCC-SLP
Reading 2 Connect



MONICA W. PARKER, MD
Goizueta Alzheimer's Disease
Research Center at Emory



TRULESTA J. PAULING, BA
VA Center for Faith-Based &
Neighborhood Partnership



ROBERT REID
Black Dementia Minds



JAELYN SMITH
Lorenzo's House



ROZ TANDY, BS
It's You AND Me, Inc.



DAYISIA WILSON
Alzheimer's Association, TN



**INSPIRIT- DANCE OF THE SONNA SINGLETON-GREGORY SENIOR CENTER
(CLAYTON COUNTY, GA) EMBRACES DANCE THROUGH PRAISE AND MOVEMENT!**

"For in Him we live and move and have our being."
- Acts 17:28.

We value your feedback to ensure that future sessions are tailored to meet the needs of our attendees. After you attend a session, please take a few moments to complete our survey by scanning this QR Code.



THURSDAY, APRIL 25

12:00 PM–4:00 PM | REGISTRATION OPENS

4:00 PM | VIP RECEPTION (*THEATER FOYER*)

4:30 PM | ECUMENICAL PRAYER DINNER (*ATRIUM*)



REV. DR. E. DEWEY SMITH
House of Hope Atlanta



PASTOR SHERICE CROSS
MDIV, LPC, NCC
House of Hope Atlanta



REV. MIRIAM BURNETT
MD, MDIV, MPH, CHCQM-PHYADV, CSSGB
Resource and Promotion of Health Alliance

5:15 PM | KEYNOTE ADDRESS & WELCOME (*ATRIUM*)

6:30 PM | GOSPEL EXPLOSION CONCERT (*THEATER*)



JOHN MASON

At a very young age, John was introduced to the art of entertainment in its many forms; however, he had a particular appreciation for comedy. He found God had given him a gift to entertain and perform stand up comedy! With God's blessing, he plans to take his most recent project, "The Book of John" comedy tour on the road to spread the gospel through laughter!



MICAH STAMPLEY

As worship continues to spill over geographical borders and ignite a passion in people around the globe, Micah Stampley is a six time Stellar Award nominee and talent search winner. He is also a two time Billboard Magazine Top Gospel Artist and AOL Black Voices Top Gospel Artist nominee, along with countless features in magazines such as Ebony and Charisma. This has given validation to his global impact and reach for God's glory



ZEBULON ELLIS

Zebulon Ellis is most notably known for appearing in films like "The Fighting Temptations" and on television shows such as TBS' "The Conan O'Brien Show" and Bravo's "I Dream of NeNe". Most notably, this Christian singer was introduced to the world on the BET gospel singing competition "Sunday Best", where he made it to the final four, followed by becoming a runner-up on an All-Star season of the program. He has collaborated with big name gospel stars like PJ Morton, Fred Hammond and Shirley Caesar.

FRIDAY, APRIL 26

7:00 AM—8:00 AM | EXHIBITOR REGISTRATION & SETUP *(ATRIUM)*

7:30 AM | CONTINENTAL BREAKFAST & ATTENDEE REGISTRATION OPEN *(ATRIUM)*

8:00 AM | BOOKSTORE, RESEARCH & EXPO HALL OPEN *(ATRIUM)*

9:00 AM | GENERAL SESSION : *"BREAKING THE SILENCE"* *(THEATER)*

Beverly Berry, Alzheimer's Association

Learn more about how faith and public are interconnected and vital to moving the needle on increasing equitable access to resources and supportive services, and eradicating dementia-related disparities in the Black community.

9:45 AM | BOOKSTORE, RESEARCH & EXPO HALL OPEN *(ATRIUM)*

10:15 AM—11:30 AM | CONCURRENT WORKSHOPS & MASTERCLASS

MASTERCLASS: CREATING A DEMENTIA-FRIENDLY WORSHIP EXPERIENCE PART I | UPSTAIRS BOARD ROOM

Bishop Glenn B. Allen, Sr., Destiny Christian Center Int'l.
Robert Johnson, RJ Visuals ATL, LLC

Learn how to foster a dementia-friendly worship environment in service and online.

A. UNDERSTANDING DEMENTIA | ROOM 106

Monica W. Parker, MD, Goizueta Alzheimer's Disease Research Center at Emory

Gain a deeper understanding of dementia and its impact on the African American community.

B. RESTORATION: SELF CARE FOR PASTORS | ROOM 102

Rev. Veron Blue, Family Life International Ministries

Learn strategies for physical, emotional, social and spiritual self care for pastors along with their families to lengthen their time in ministry.

C. RECALIBRATING THE VILLAGE | ROOM 104

Raymond A. Jetson, Aging while Black

Trulesta J. Pauling, VA Center for Faith-Based & Neighborhood Partnerships (CFBNP) | US Dept. of VA

Challenge faith leaders to recognize and embrace their necessary change leadership role in resource connections for their congregation. In addition, they will be provided a practical framework to execute on this role.

D. WHAT MATTERS TO THOSE LIVING WITH DEMENTIA | ROOM 105

Deacon Robert Reid, Black Dementia Minds

Learn from individuals who are of African American descent and living with dementia.

12:00 PM—2:00 PM | NETWORKING LUNCH, RESEARCH & EXPO HALL OPEN *(ATRIUM)*

2:00 PM | GENERAL SESSION : “USING EXERCISE TO TAKE CARE OF THE TEMPLE” (ATRIUM)

Paulette Lewis, Neu-Level Therapy & Wellness, LLC

Learn ways to take care of your temple so you can do the Master’s will the way He requires you to do it.

2:30 PM–3:45 PM | CONCURRENT WORKSHOPS & MASTERCLASS

MASTERCLASS: CREATING A DEMENTIA-FRIENDLY WORSHIP EXPERIENCE PART II | UPSTAIRS BOARD ROOM

Shana Moses, Amazing Grace Chorus Leadership

Learn how to start a dementia-friendly choir and its impact on the families involved.

A. IDENTIFYING AND MANAGING DEMENTIA-RELATED BEHAVIORS | ROOM 106

Dayisia Wilson, Alzheimer's Association- TN Chapter

Tia Delaney-Stewart, Alzheimer's Association-CA Southland Chapter

Identify potential causes for dementia related behaviors and provide techniques to not only modify potential behavioral triggers, but improve symptomatology in people with Alzheimer’s Disease and other dementias.

B. RESTORATION: SELF CARE FOR PASTORS | ROOM 102

Rev. Veron Blue, Family Life International Ministries

Share strategies for physical, emotional, social and spiritual self care for pastors along with their families to lengthen their time in ministry.

C. RESEARCH PRESENTATIONS AT THE INTERSECTION OF DEMENTIA | ROOM 105

Research panel on dementia related impact studies.

D. DEMENTIA 101 | ROOM 104

Sonja Gunter, Senior911

Dr. Delon Canterbury, GeriatRX

Gain a deeper understanding of dementia and ways to reduce your risk and explore the impact of prescribing medication for persons living with dementia.

3:45 PM | BREAK

4:00 PM | GENERAL SESSION : “INVISIBLE CAREGIVER” (ATRIUM)

Dr. Bashir Easter, Melanin Minded, LLC
Sandy Montes-Gruber, Melanin Minded, LLC
Janelle Gore, Engaging Beyond Dementia, LLC

Experience guidance for young adults to forge a path for other young caregivers to be recognized for the care they give to loved ones living with Alzheimer’s disease and related dementias.

5:00 PM | DINNER (THEATER)

6:30 PM | STAGE PLAY : “IT’S ME, MAMA” (THEATER)

A stage play about a Black family caring for their mother with Dementia. You will accompany this family on their journey as they acknowledge their mother’s dementia diagnosis and explore the best ways to support her. Attendees will gain insight on the various aspects of dementia and how it impacts the family.

SATURDAY, APRIL 27

8:00 AM | ATTENDEE REGISTRATION & CONTINENTAL BREAKFAST (ATRIUM)

8:30 AM | BOOKSTORE, RESEARCH & EXPO HALL OPEN (ATRIUM)

9:00 AM | GENERAL SESSION : "I DON'T WANT TO CLAIM IT" (THEATER)

Tamiko MaGee - Rodgers, PhD, Global Alzheimer's Platform Foundation

I Don't Want to Claim It: "Bridging the Gap between Science and Faith"

Join this session to learn how science and faith can work together to support families facing dementia.

10:15 AM–11:30 AM | CONCURRENT WORKSHOPS & MASTERCLASS

**MASTERCLASS: CREATING AN AGE & DEMENTIA-FRIENDLY PRAYER BOOK FOR YOUR WORSHIP COMMUNITY
UPSTAIRS BOARD ROOM**

Susan Ostrowski, Reading 2 Connect

In this hands-on, very practical workshop, attendees will leave with a beautiful, personalized prayer book that is highly readable for adults who can no longer read typical published material.

A. PRAYERS OF A FAMILY CAREGIVER, MASTERING THE CAREGIVING CYCLE | ROOM 106

Roz Tandy, It's You AND Me, Inc.

Michelle Bolden, Call for Caring, Inc.

Discover ways to create and customize the type of respite that will be beneficial to family caregivers. Understand what helps caregivers know their triggers, have realistic expectations, and provide tools to address the possibilities that come with the caregiving territory.

B. TOOLS FOR EFFECTIVE FAITH-BASED PROGRAM PLANNING AND EVALUATION | ROOM 102

Bishop Glenn B. Allen, Sr., Destiny Christian Center Int'l.

Dr. Joanne Hill, Progressive Baptist Church

Sherellia Moore, Progressive Baptist Church

Learn how to create your dementia-friendly congregation. Conduct a needs assessment and a simple logic model to guide the process.

C. EMPOWERING FAMILIES WITH YOUNGER-ONSET DEMENTIA | ROOM 104

Stephanie Fitzgerald, Lorenzo's House

Jaelyn Smith, Lorenzo's House

Bring light to families living with Young Onset Dementia (YOD) - shifting the narrative to ensure they walk this journey united, understood, and empowered.

D. WHERE FAITH MEETS POLICY | ROOM 105

Rita Choula, AARP Public Policy Institute

Aisha Adkins, Consultant

Discuss the importance of expressing one's faith through policy and calling faith leaders to take action on important issues impacting dementia caregivers and the broader Black faith community.

11:30 AM | BOOKSTORE, RESEARCH & EXPO HALL OPEN (ATRIUM)

12:00 PM | CLOSING KEYNOTE WITH LITURGICAL DANCE PERFORMANCE (ATRIUM)



PASTOR SHERICE CROSS
MDIV, LPC, NCC
House of Hope Atlanta



Dr. Donna Maye Barnes, PhD
InSpirit Dance Group Choreographer

1:00 PM | LUNCH (ATRIUM)

THANK YOU TO OUR SPONSORS

PRESENTING



CHAMPION



SILVER



BRONZE



Caring for the Caregiver

COMMUNITY



THANK YOU FOR ATTENDING THE 3-DAY ALTER DEMENTIA SUMMIT.



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AND TELL US ABOUT
YOUR EXPERIENCE!



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INSPIRING AND EQUIPPING FAITH COMMUNITIES